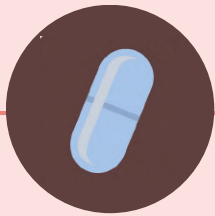


# Pre-Exposure Prophylaxis

## Your Medication Options



3 PrEP medications  
available in the USA



### TAF/FTC (DESCOVY)

#### Who can take it?

ONLY approved for use by cisgender males and transgender women.

#### When to take it?

One pill a day  
Don't need to take it at the same time each day.

#### How to take it?

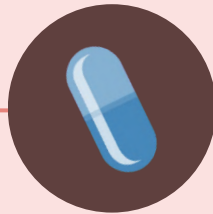
Orally.  
Take it with or without food.

#### Side Effects?

Most will not experience serious side effects.  
Upset stomach.  
Kidney and bone effects.

### What if you don't want to take a pill every day?

People with less frequent risk who have decided to take TRUVADA may talk to their provider about "on-demand" or "2-1-1" PrEP instead of taking a pill every day.



### TDF/FTC (TRUVADA)

#### Who can take it?

Anyone with a chance of getting HIV from their partner(s).

#### When to take it?

One pill a day.  
Don't need to take it at the same time each day.

#### How to take it?

Orally.  
Take it with or without food.

#### Side Effects?

Most will not experience serious side effects.  
Upset stomach.  
Kidney and bone effects.



### CABOTEGRAVIR (APRETUDE)

#### Who can take it?

Anyone with a chance of getting HIV from their partner(s).

#### When to take it?

You can take cabotegravir pills every day for a month before switching to an injection every two months.

#### When to get the injection?

Alternatively, you can get an injection every month for the first two months before having the injection every 2 months.

#### Side Effects?

Most will not experience serious side effects.  
Pain or swelling around injection site  
(This will get better over time).

Our trusted sources for learning more about PrEP

CDC  
NIH  
IAPAC

Health.ny.gov  
PleasePrEPMe.org

ObG PROJECT®

For more information visit: <https://obgconnect.com/curbside/category/curbside/prep-rc-for-patients/>