

What to expect when you go
for a visit for...

Pre-Exposure Prophylaxis

Having medicine in your system even before you have sex

The medicine prevents you from getting HIV even if your partner has it

YOUR SEXUAL HISTORY, SEXUAL PREFERENCES, AND SEXUAL RISKS

*Don't be embarrassed!
These are important questions to help you and your team create a prevention plan that works best for you.*



1 Discussion with your care team

ADVICE ON HOW TO TAKE YOUR PrEP & PRACTICE SAFE SEX

The healthcare team will explain what PrEP is, your options, how to take it correctly and the side effects to look out for. Your healthcare team will discuss with you other ways to protect yourself and avoid STIs.



Physical exam and tests

2



TEST FOR HEPATITIS B

Test for liver infection. Some of the PrEP medicines can cause problems in people who have hepatitis B infection.

TEST FOR INFECTIONS THAT CAN BE SPREAD THROUGH SEX

Test for syphilis, gonorrhea, and chlamydia. Syphilis is a blood test, and the rest are tested via swabs from the genital, anal, and oral areas.

BLOOD TESTS FOR HIV, KIDNEY FUNCTION AND PREGNANCY

You can't take PrEP if you already have HIV. Your healthcare team needs to know how well your kidneys are working, before starting some PrEP meds. Most PrEP medications are considered safe during pregnancy but a medication review should be done.



PRESCRIPTION FOR PILLS

Can start PrEP right away or after results from blood tests come back.

Rx

3

Wrapping up the visit

ALTERNATIVELY, INJECTIONS EVERY 2 MONTHS

PrEP is available as pills or, for some specific patients, there may be an alternative of injections every 2 months.



HIV TESTING EVERY 2 MONTHS WITH INJECTIONS AND 3 MONTHS WITH ORAL PrEP REGIMENS

As long as you are on PrEP, you will need periodic HIV and STI testing.

Our trusted sources for learning more about PrEP

CDC
NIH
IAPAC

Health.ny.gov
PleasePrEPMe.org

ObG PROJECT®

For more information visit: <https://obgconnect.com/curbside/category/curbside/prep-rc-for-patients/>