



PrEP to protect you and your baby

If you are trying to get pregnant and your partner is living with HIV, it is very important that you speak to your healthcare team about ways to lower the chance of HIV infection.

TAF/FTC is not approved for vaginal sex, so TDF/FTC and cabotegravir are the only medicines for use in people who are trying to get pregnant.



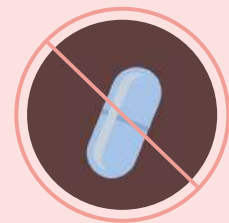
TDF/FTC (TRUVADA)

Many pregnant women use TRUVADA. It is considered safe for mother and baby.



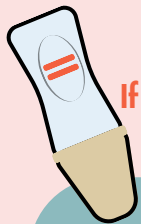
CABOTEGRAVIR (APRETUDE)

APRETUDE has been used by very few pregnant and breastfeeding women. There is no sign yet of any significant risk, but it is too early to say.



TAF/FTC (DESCOVY)

DESCOVY is not an approved PrEP for vaginal sex.



If you are already on PrEP medication during the time you are trying to get pregnant

TRUVADA: continue it unless you, together with your healthcare provider, decide that the chance of HIV transmission from your partner(s) is extremely low.



APRETUDE: discuss with your healthcare team whether to continue, stop or switch to TRUVADA.



Remember that it will take up to three weeks to be safely back on PrEP again if you decide to restart it.



Breastfeeding while on PrEP



TRUVADA: appears to be safe for you and baby if you are breastfeeding.



APRETUDE: almost nothing is known about its effect on breastfeeding since it is a newer medication.

If you are thinking about taking PrEP and breastfeeding, you should discuss this with your healthcare team, including your baby's pediatrician.

Our trusted sources for learning more about PrEP

CDC
NIH
IAPAC

Health.ny.gov
PleasePrEPMe.org

ObG PROJECT®

For more information visit: <https://obgconnect.com/curbside/category/curbside/prep-rc-for-patients/>