

# Pre-Exposure Prophylaxis

## Initial Visit

For specifics & details [click here](#)

### Take History

- Basic medical history, esp. renal, hepatitis B, allergies
- Sexual history
- HIV exposures
- Contraception
- Vaccinations
- Tobacco and other substance use



### Check Labs

- HIV test
- STI testing
- Creatinine
- Hep B serologies
- Pregnancy test



### Discuss adherence to PrEP:

- PrEP works when you take it... unopened bottles on the shelf do not
- Try to take your PrEP at the same time every day
- Put the pills near your toothbrush or coffee machine, set a daily alarm on your phone, arrange a daily reminder text
- Provide advice about responding to missed dose/s
- Advise about obtaining pharmacy refills and avoiding interruptions



### If PrEP is indicated, choose a medication:

- F/TDF (Truvada)
- F/TAF (Descovy)
- Cabotegravir (Apretude) [injection]



### Follow-up

- Pills: Every 3 months
- Injections: Every 2 months

