

Pre-Exposure Prophylaxis

Who it's for

For specifics & details click [here](#)

F/TDF (Truvada) PILL	} Once per day
F/TAF (Descovy) PILL (Not approved for receptive vaginal sex)	
Cabotegravir (Apretude) INJECTION	→ Every 2 months

All regimens are about 99% effective at preventing sexual transmission

When taken as prescribed

PrEP can be considered for any HIV-negative adult or adolescent who is sexually active unless their risk of HIV is zero and anyone who injects drugs



Side Effects

Side effects are rare. If they occur, may include self-limited nausea, headache, diarrhea
Kidney and bone disease seen in HIV+ people on antiretroviral therapy are generally not seen in PrEP patients



Be cautious, and consider specialist consultation if your patient has chronic hepatitis B or chronic kidney disease



Other Key Points

Adherence is of paramount importance. Take the time to stress adherence to your PrEP patients
Patients must return periodically for HIV testing and STI screening: every three months on oral PrEP, or every two months on injectable Apretude